

WEEK 1

Summer / Autumn 2017

W/C 24th April, 15th May, 5th June, 26th June, 17th July, 4th Sep, 25th Sep, 16th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Italian Beef Bolognaise with Pasta</p> <p>Vegetable Mince Bolognese</p> <p>Garlic Bread Wedge</p> <p>Sweetcorn Healthy Salad Coleslaw</p> <p>Yoghurt with Peach Slices</p>	<p>Bacon and Cheese Quiche</p> <p>Tomato and Herb Pasta Bake</p> <p>Ciabatta Bread</p> <p>Raitta Cucumber & Tomato Salad Healthy Salad</p> <p>Apple Crumble with Custard</p>	<p>Roast Turkey with Crispy Roast Potatoes and Gravy</p> <p>Cauliflower and Creamed Corn Bake</p> <p>Crusty Bread</p> <p>Seasonal Cabbage Fresh Carrots Healthy Salad</p> <p>Berry Chill</p>	<p>Chicken Breast with Lemon & Herb or Piri Piri Sauce served with Rice</p> <p>Vegetable Chili with Rice</p> <p>Ciabatta Bread</p> <p>Sweetcorn Green Bean Healthy Salad</p> <p>Strawberry Mousse with Oat Biscuit</p>	<p>Crispy Oven Battered Fillet of Fish with Chunky Chips</p> <p>Spicy Vegetable & Bean Quesadilla</p> <p>Crusty Bread Roll</p> <p>Peas Or Baked Beans Coleslaw Healthy Salad</p> <p>Chocolate Sponge With Chocolate Sauce</p>

This menu is compliant with the school food standards. We encourage pupils to enjoy a healthy balanced diet. Chartwells can cater for many special dietary requirements. Please speak to the Catering Manager if you have any questions.

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WEEK 2

W/C 1st May, 22nd May, 12th June, 3rd July,

11th Sep, 2nd Oct, 23rd Oct

Summer/Autumn 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mexican Beef Chili
Tacos
With Rice

Bangers and Mash
with Gravy

Roast Topside of Beef
with Crispy Roast
Potatoes and Gravy

Steamed Chicken in
Sticky BBQ Sauce with
Rice

Crispy Oven Breaded
Fillet of Fish
with Chunky Chips

Mac N Cheese

Lynda McCartney
Veggie Sausages with
Crispy Roast Potatoes
and Gravy

Vegetable Lasagne

Quorn Katsu Curry with
Rice

Bean & Chive Frittata
with Chips

Ciabatta Bread Roll

Bloomer Bread

Crusty Bread or garlic
bread

Naan bread

Crusty Roll

Mini corn on the cob
Garden Peas
Healthy Salad

Fresh carrots
Green Beans
Healthy Salad

Fresh Broccoli
Savoy cabbage
Healthy Salad

Sweet Chilli Green
Sweetcorn
Healthy Salad

Garden Peas or Baked
Beans
Coleslaw
Healthy Salad

Chocolate Brownie with
Fruit Salad

Berry Flapjack with
Butterscotch Mousse

Strawberry Frozen
Yoghurt

Banana Loaf
Cake with Custard

Lemon Cheesecake

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WEEK 3

W/C 8th May, 19th June, 10th July, 18th Sep, 9th Oct

Summer / Autumn 2017

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Ultimate Homemade
Beef Burger
Potato Wedges

Chicken Tikka Masala
with Rice

Roast Ham
with New Potatoes and
Gravy

Italian Beef
Lasagne

Crispy Oven Battered
Fish
Or
Salmon Fish cake
with Chunky Chips

Cheese and Red Onion
Quiche

Vegetable Curry
with Rice

Tomato and Basil Pasta
Bake

Veggie Quorn Burger
Potato Wedges

BBQ Bean & cheese
Wrap

Tomato and onion relish
House law
Healthy Salad

Naan Bread
Garden Peas
Healthy Salad
Tomato Salsa

Crusty Bread
Broccoli
Seasonal Cabbage
Healthy Salad

Ciabatta Roll
Carrots
Green Beans
Healthy Salad

Garden Pea or Baked
Beans
Coleslaw/ Salad

Chocolate Orange Bar

Raspberry Leaf Cake with the choice of Cream and Raisins with Yogurt with Mixed Fruit
or
Healthy balanced diet. Chartwells Catering special dietary requirements.
Mixed Berries
Please speak to the Catering Manager if you have any questions.

Chocolate Mousse with
Shortbread

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