

# THIS WEEK'S Eats

Week One

FOOD UNION  
BY CHARTWELLS

Everyday faves!



	Main Meals	Street Food	Everyday faves!					
			Veg of the Day	Salad	Jackets	Pizza & Sides	Pasta	Desserts
MON	<b>Italian</b> Traditional Lasagne & Tasty Wedges Or Veggie Carbonara All Served with Garlic Bread	<b>American</b> Beef Burger & Tasty Wedges	<b>Mini Buttered Corn</b> <b>Baked Beans</b> <b>Green Beans</b>	<b>Chop Chop Salad</b> <b>Cheesy Coleslaw</b> <b>Assorted Dips</b>	<b>Baked Beans, Cheese, Tuna Mayo, Bolognese.</b>	<b>Margherita Pizza</b> <b>Hawaiian Pizza</b> <b>Dough Balls</b>	<b>Beef Bolognese</b> <b>Herby Tomato Sauce</b> <b>Italian Chicken</b>  <b>Garlic Bread</b>	<b>Banoffee Pie</b>
TUE	<b>British</b> Pork or Veggie Sausage (H) Mashed Potato With Gravy	<b>Mexican</b> Knobez Flat bread with Chipotle & Lime Chicken Thigh With Smoked Paprika Wedges	<b>Fresh Broccoli</b> <b>Cauliflower</b> <b>Southern Greens</b>	<b>Cobb Salad</b> <b>Pineapple Coleslaw</b> <b>Assorted Dips</b>	<b>Baked Beans, Cheese, Tuna Mayo, Bolognese.</b>	<b>Margherita Pizza</b> <b>Bacon Pizza</b> <b>Garlic &amp; Herb Wedges</b>	<b>Beef Bolognese</b> <b>Herby Tomato Sauce</b> <b>Carbonara</b>  <b>Garlic Bread</b>	<b>Vanilla &amp; Blueberry Blondie</b>
WED	<b>British</b> Roast Turkey (H) or Vegetable Pastry Slice with Roast Potatoes, and Gravy	<b>American</b> New Yorker Quorn Hot Dog With Onions & Cajun Wedges	<b>Fresh Baton Carrots</b> <b>Fresh Green Savoy Cabbage</b> <b>Baked Beans</b>	<b>Mixed Salad</b> <b>Apple Slaw</b> <b>Assorted Dips</b>	<b>Baked Beans, Cheese, Tuna Mayo, Bolognese.</b>	<b>Margherita Pizza</b> <b>Chicken Sizzler</b> <b>Dough balls</b>	<b>Beef Bolognese</b> <b>Herby Tomato Sauce</b> <b>Italian Chicken Pasta</b>  <b>Garlic Bread</b>	<b>Apple Cracknell served with Custard</b>
THUR	<b>Indian</b> Chicken Korma and Rice or Vege Biryani All served with Naan Bread	<b>Chinese</b> Sweet Chilli Chicken Noodles	<b>Stir Fried Vegetables</b> <b>Lime Spiced Sweetcorn</b>	<b>Radish Pea &amp; Leaf Salad</b> <b>Tomato &amp; Cucumber Salad</b> <b>Cucumber Raita</b>	<b>Baked Beans, Cheese, Tuna Mayo, Bolognese.</b>	<b>Margherita Pizza</b> <b>Hawaiian Pizza</b> <b>Garlic &amp; Herb Wedges</b>	<b>Beef Bolognese</b> <b>Herby Tomato Sauce</b> <b>BBQ Chicken</b>  <b>Garlic Bread</b>	<b>Fruit Slice</b> <b>With Vanilla Ice cream</b>
FRI	<b>British</b> Battered Fish or Breaded Chicken Strips with Chips	<b>American</b> Mac N Cheese & Garlic Bread	<b>Fresh Broccoli</b> <b>Garden Peas</b> <b>Baked Beans</b>	<b>Green Salad</b> <b>House Coleslaw</b> <b>Assorted Dips</b>	<b>Baked Beans, Cheese, Tuna Mayo, Bolognese.</b>	<b>Margherita Pizza</b> <b>Veggie Hot Pizza</b> <b>Dough Balls</b>	<b>Beef Bolognese</b> <b>Herby Tomato Sauce</b>  <b>Garlic Bread</b>	<b>Chocolate Crispy Bar</b> Served with Chocolate Sauce

30/8, 20/9, 11/10, 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 14/2, 7/3, 28/3

# THIS WEEK'S Eats

Week Two

Everyday faves!



	Main Meals	Street Food	Everyday faves!					
			Veg of the Day	Salad	Jackets	Pizza & Sides	Pasta	Desserts
MON	<b>American</b> BBQ Chicken Topped Mac N Cheese Or California Veggie Burger with Cajun spiced wedges	<b>Mexican</b> Chipotle Chicken Taco with Mexican Rice	Sweetcorn French Green Beans Garden Peas	Baby Gem Edamame & Radish Salad Crunchy Coleslaw Assorted Dips	With Baked Beans, Cheese, Tuna Mayo, Bolognese.	Margherita Pizza Hawaiian Pizza Dough Balls	Beef Bolognese Herby Tomato Sauce Italian Chicken Garlic Bread	Lemon Drizzle Cake
TUE	<b>Mexican</b> Chicken Flat bread with Chipotle & Lime Or Quorn Burrito With Smoked Paprika Wedges	<b>Chinese</b> Sweet Chilli Chicken Noodles	Stir Fried Veg Sweet Garden Peas Baked Courgette's	Crunchy Salad Corn slaw Assorted Dips	With Baked Beans, Cheese, Tuna Mayo, Bolognese.	Margherita Pizza Bacon Pizza Garlic & Herb Wedges	Beef Bolognese Herby Tomato Sauce Carbonara Garlic Bread	Strawberry Swirl Cake & Vanilla Custard
WED	<b>British</b> Roast Pork with Stuffing and Apple Sauce or Quorn Roast with Roast Potatoes, and Gravy	<b>American</b> Beef Burger with Delicious Garlic And Herb Potato Wedges	Buttered Mini Corn on the Cob Fresh Baton Carrots Fresh Broccoli	Cobb Salad Cheesy Coleslaw Assorted Dips	With Baked Beans, Cheese, Tuna Mayo, Bolognese.	Margherita Pizza Chicken Sizzler Dough balls	Beef Bolognese Herby Tomato Sauce Italian Chicken Pasta Garlic Bread	Banana Marble Cake Served with Custard
THUR	<b>Indian</b> Chicken Tikka Masala & Long Grain rice Or Vegetable Biryani All served with Naan Bread	<b>Mexican</b> Chicken Burrito With Smoked Paprika Sweet Potato Wedges	Bombay Potatoes Southern Greens Sweetcorn	Green Salad Tomato & Cucumber Salad Cucumber Raita	With Baked Beans, Cheese, Tuna Mayo, Bolognese.	Margherita Pizza Hawaiian Pizza Garlic & Herb Wedges	Beef Bolognese Herby Tomato Sauce BBQ Chicken Garlic Bread	Carrot Cake With Orange Cream Cheese Frosting
FRI	<b>British</b> Battered Fish or Breaded Jumbo Fish Fingers with Chips	<b>Indian</b> Bombay Quorn Hot Dog & Herby Wedges	Fresh Broccoli Garden Peas Baked Beans	Mixed Salad House Coleslaw Assorted Dips	With Baked Beans, Cheese, Tuna Mayo, Bolognese.	Margherita Pizza Veggie Hot Pizza Dough Balls	Beef Bolognese Herby Tomato Sauce Garlic Bread	Chocolate Slice With Chocolate Ice cream

6/9, 27/9, 18/10, 8/11, 29/11, 20/12, 10/1, 31/1/, 21/2, 14/3, 4/4

# THIS WEEK'S Eats

Week Three



## Everyday faves!

	Main Meals	Street Food	Veg of the Day	Salad	Jackets	Pizza & Sides	Pasta	Desserts
MON	<p><b>Mexican</b> Beef Burrito or Veggie Burrito</p> <p>Paprika Potato Wedges</p>	<p><b>American</b> Cajun Pulled Pork Topped Mac N Cheese</p> <p>Garlic Bread Slice</p>	<p>Sweetcorn French Green Beans Lemon &amp; Herb Courgettes</p>	<p>Mixed Salad Crunchy Coleslaw Assorted Dips</p>	<p>With Baked Beans, Cheese, Tuna Mayo, Bolognese.</p>	<p>Margherita Pizza Hawaiian Pizza Dough Balls</p>	<p>Beef Bolognese Herby Tomato Sauce Italian Chicken</p> <p>Garlic Bread</p>	<p>Carrot &amp; Banana Slice &amp; Vanilla Custard</p>
TUE	<p><b>Chinese</b> Chicken Chow Mein Or Quorn Chow Mein</p>	<p><b>American</b> Zesty California Chicken Burger with Chipotle Wedges</p>	<p>Mediterranean Broccoli &amp; Peppers Baked beans Garden peas</p>	<p>Radish Pea &amp; Leaf Salad Cheesy Coleslaw Assorted Dips</p>	<p>With Baked Beans, Cheese, Tuna Mayo, Bolognese.</p>	<p>Margherita Pizza Bacon Pizza Garlic &amp; Herb Wedges</p>	<p>Beef Bolognese Herby Tomato Sauce Carbonara</p> <p>Garlic Bread</p>	<p>Apple &amp; Blackberry Pie Served Custard</p>
WED	<p><b>British</b> Roast Beef or Quorn Roast with Roast Potatoes, and Gravy</p>	<p><b>Asian</b> Malaysian Chicken Wrap with Garlic &amp; Herb Wedges</p>	<p>Chargrilled Tomato &amp; Spring Onions Fresh Baton Carrots Fresh Cauliflower</p>	<p>Chop Chop Salad Red Slaw Assorted Dips</p>	<p>With Baked Beans, Cheese, Tuna Mayo, Bolognese.</p>	<p>Margherita Pizza Chicken Sizzler Dough balls</p>	<p>Beef Bolognese Herby Tomato Sauce Italian Chicken Pasta</p> <p>Garlic Bread</p>	<p>Raspberry Ripple Ice cream With Shortbread Biscuit</p>
THUR	<p><b>Indian</b> Chicken Tikka Masala Or Sweet Potato &amp; Cauliflower Jalfrezi All served with Rice &amp; Naan Bread</p>	<p><b>Cuban</b> Cuban Chicken Wrap With Paprika Wedges</p>	<p>Orange &amp; Cumin Roasted Veg Greens with Grains  Buttered Mini Corn on the Cob</p>	<p>Cobb Salad Tomato &amp; Cucumber Salad Cucumber Raita</p>	<p>With Baked Beans, Cheese, Tuna Mayo, Bolognese.</p>	<p>Margherita Pizza Hawaiian Pizza Garlic &amp; Herb Wedges</p>	<p>Beef Bolognese Herby Tomato Sauce BBQ Chicken</p> <p>Garlic Bread</p>	<p>Summer Berry &amp; Peach Oaty Crumble served with Custard</p>
FRI	<p><b>British</b> Battered Fish or Breaded Chicken Strips with Chips</p>	<p><b>Mexican</b> Chicken Club Quesadilla with Lime and Coriander Rice</p>	<p>Garden Peas Baked Beans</p>	<p>Green Salad Sweet Chilli Slaw Assorted Dips</p>	<p>With Baked Beans, Cheese, Tuna Mayo, Bolognese.</p>	<p>Margherita Pizza Veggie Hot Pizza Dough Balls</p>	<p>Beef Bolognese Herby Tomato Sauce</p> <p>Garlic Bread</p>	<p>Brownie Finger &amp; Vanilla Ice cream</p>

13/9, 4/10, 25/10, 15/11, 6/12, 27/12, 17/1, 7/2, 28/2, 21/3,